# Using a natural flood management approach for flooding and water quality control

Mark Wilkinson

The James Hutton Institute

#### Acknowledgements

- The James Hutton Institute
- James Hutton Institute Wendy Kenyon, Helen Watson, Steve Addy, Sohan Ghimire, Marc Stutter and the rest of the WP2.4 team.
- Tweed Forum Luke Comins and Hugh Chalmers
- Newcastle University Paul Quinn, Jennine Jonczyk, Alex Nicholson, Nick Barber and Gareth Owen
- Environment Agency Peter Kerr and Phil Welton
- The landowners (very important!)

#### Introduction

- Floods are becoming more of a common occurrence
- 2012 wettest year on record (100 years) (and summer!)





# **Flooding realities – the Pitt Review**



The Pitt review - a review of the 2007 UK summer floods



Reducing the risk of flooding and its impact

Knowing where and when it will flood

> Lessons from the 2007 Floods: what people need

Staying healthy and speeding up recovery

> Better advice and help for people to protect their families and homes

Maintaining power and water supplies and protecting essential services

Being rescued and cared for during

an emergency

# Sustainable flood risk management

- The Flood Risk Management (Scotland) Act 2009
- Look at alternative ways to managing flood risk alongside traditional "hard engineering" techniques.
- Sustainable flood risk management (reducing flood risk at source) -
  - Natural Flood Management (NFM)
  - Catchment Systems Engineering
  - Soft Engineering techniques
- Fundamentally, they all involve the same concept (reduce flood peaks and timing) and deliver multiple benefits
- SLOW, STORE, DISCONNECT AND FILTER



# **Definition of NFM**



- NFM measures aim to work with natural hydrological and morphological processes, features and characteristics to manage the sources and pathways of flood waters. These techniques include the restoration, enhancement and alteration of natural features and characteristics, but exclude traditional flood defence engineering that works against or disrupts these natural processes."
- (SAIFF -The Scottish Advisory and Implementation Forum for Flooding, 2011)

#### **Does it work?**

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- A key policy question is "to what degree does NFM reduce flood peaks at the catchment scale?".
- We need to understand these measures by monitoring and modelling them.
- But catchments are complex as scale increases so too does the complexity
- Communicating the uncertainty

Working with <u>all</u> catchment stakeholders is key – fundamental to delivery



### Our work at the JHI on NFM



- Scottish Government Rural and Environment Science and Analytical Services Division (RESAS) work package at the James Hutton Institute
- WP2.4. "Methods for mitigating and adapting to flood risk" focuses on Natural Flood Management techniques
  - Demonstration sites (monitoring platforms)
    - Bowmont, Tweed catchment (Borders)
    - Tarland, Dee catchment (Aberdeenshire)
    - Logie Burn, Dee catchment (Aberdeenshire)
  - Barriers
  - Modelling
  - Multipurpose benefits

#### **The Bowmont catchment**

- Flows through Kirk and Town Yetholm (Borders) with an upstream catchment area of 80km2
- Suffered bad flooding in Sept 2008 (1 in 200 year) and July 2009
- Steep upland catchment and geomorphological active channel
- Widespread damage to infrastructure
- Tweed forum are installing NFM measures
- In the catchment to address the flooding and fluvial geomorphological issues

FORUM





#### **Infrastructure damage**





# **Coarse sediment transport and deposition**



**Issues:** 

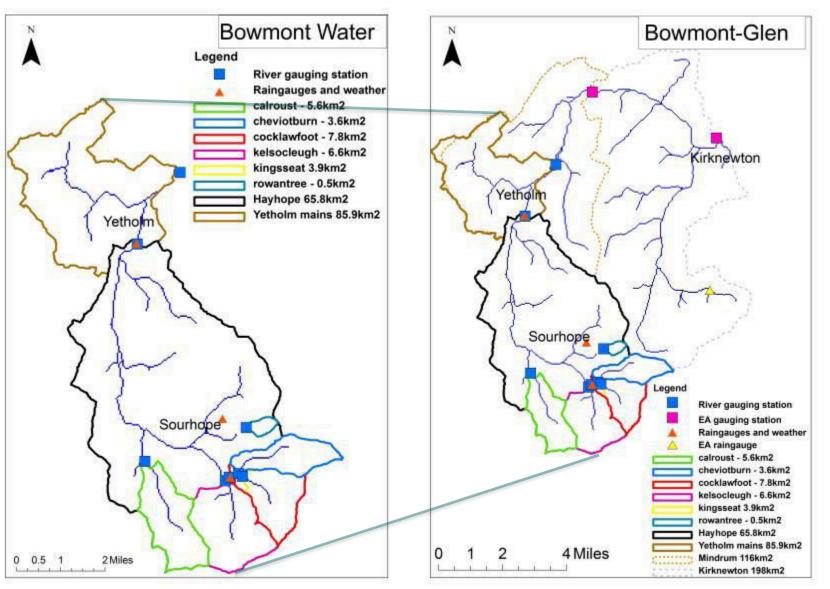
- Reconfiguration of channel morphology
- Loss of land and disruption of use
- Damage to infrastructure
- Loss of water conveyance = increased flood risk

#### **Channel reconfiguration**



30/07/2009 08:39

### **Monitoring network**





# Storms (Goldscleugh – college burn)



- Sept 2008 the largest flood (since 1994)
- However, July 2009 extreme owing to intensity

		Storm total	duration	24 max total	12 max total	FLOOD RANK
1st	07 September 2008	259	63	166	87.6	1st
2nd	18 July 2009	154	40	141.8	99.4	2nd
3rd	07 March 2001	126	47	99.8	73	-
4th	24 June 2004	128	40	90	54.4	-
5th	25 September 2012	120	46	90	73.2	NEW SITE
6th	09 September 1995	110	37	89	78.2	-
7th	29 May 1998	99	46	87	65	5th
8th	07 November 2000	166	65	85	48.8	3rd

# Lag times – response from rainfall to peak

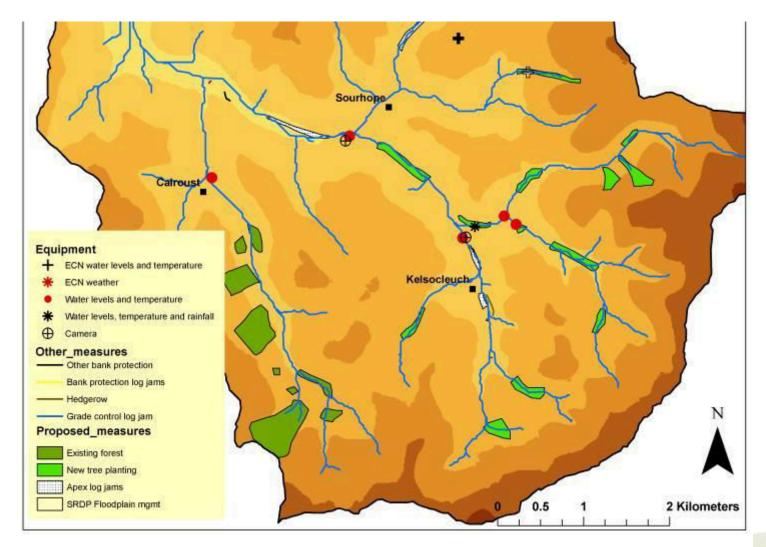


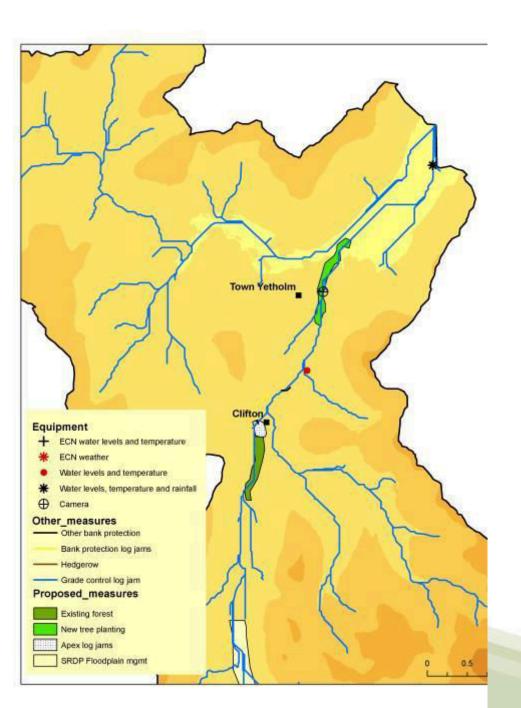
- Based on six events in 2012
- Flashy catchments responding quickly to rainfall

Catchment	Area (km2)	Lag time (hh:mm)
Kingsseat	3.9	02:25
Cheviot	3.6	02:42
Cocklawfoot	7.8	02:47
Rowantree	0.5	02:27
Kelsocleugh	6.6	02:57
Calroust	5.6	03:47
Hayhope	65.8	05:35
Yetholm	85.9	06:55
Pawston	115	08:22

# **Upper Bowmont Catchment**







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# Lower Bowmont Catchment

### Naturally occurring woody debris

•Capture sediment and delay its movement downstream

Can create diverse habitats

Also can be a problem









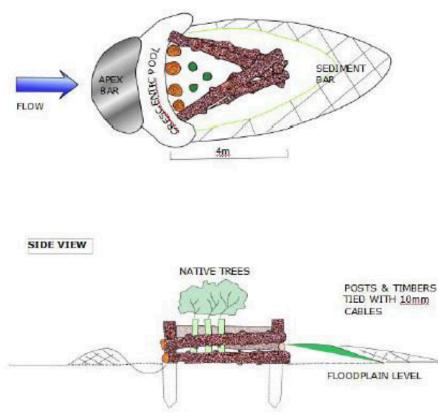
# **Engineered log jams (ELJs)**



•3 types of ELJ designed to trap sediment, reduce local erosion and improve habitat

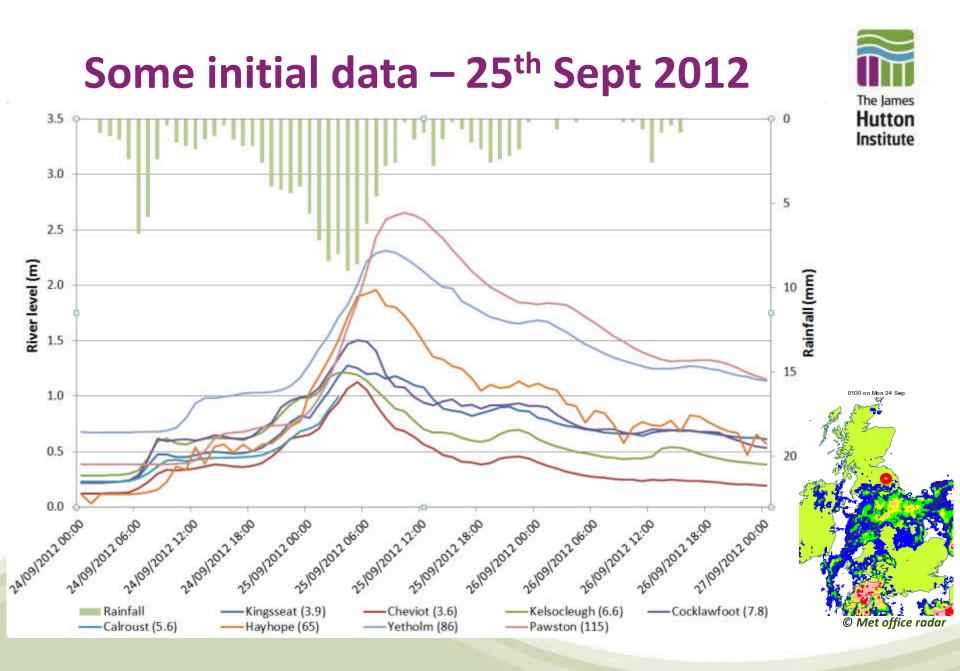
 Initiated monitoring of local textural and morphological change

•What are the multiple benefits of this novel approach to sediment management?



#### **Focus Apex log jams NFM measures**

Bar



Pawston level gauge (next four slides): Contains Environment Agency information © Environment Agency and database right

# Log jams





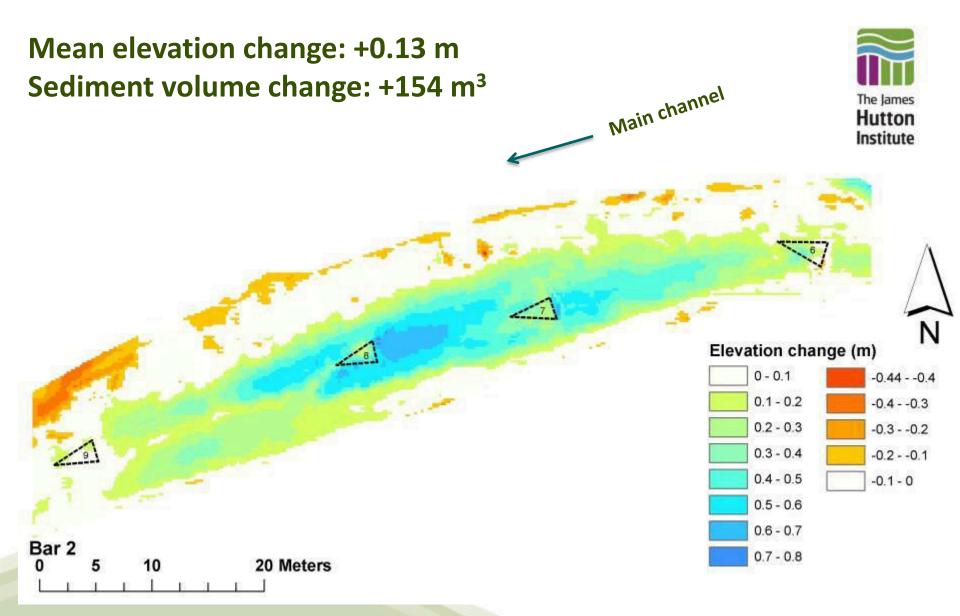




### Log jams: not standing so well







#### **Kelsocleuch bank protection structure**









# **Bowmont Hydrology conclusions**

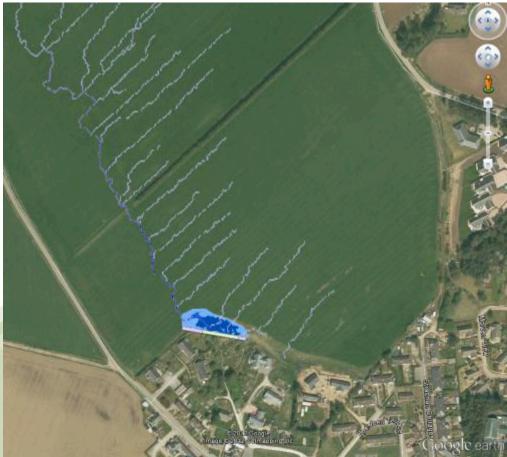


- Difficult to quantify the degree of sediment capture small relative to sediment supply and naturally occurring bar deposition
- Future monitoring to assess long term storage i.e. how effective are the structures?
- Potential lessons to be learnt on the placement and design
- Catchment is very flashy; responds quickly to rainfall.
- There is no evidence yet to suggest the NFM measures in the Bowmont water catchment have:
  - Delayed the flood peak
  - Reduced the flood peak owing to the features just being put in place
- The multiscale nested network will provide data to hydrologic and hydraulic models allowing an assessment of potential NFM impact at catchment scale

#### HTTP://BOWMONT.HUTTON.AC.UK

# **Tarland catchment (Dee)**

 Working with farmers and Aberdeenshire council to install Runoff Attenuation Features at pilot sites within catchment (a long term JHI monitoring site).

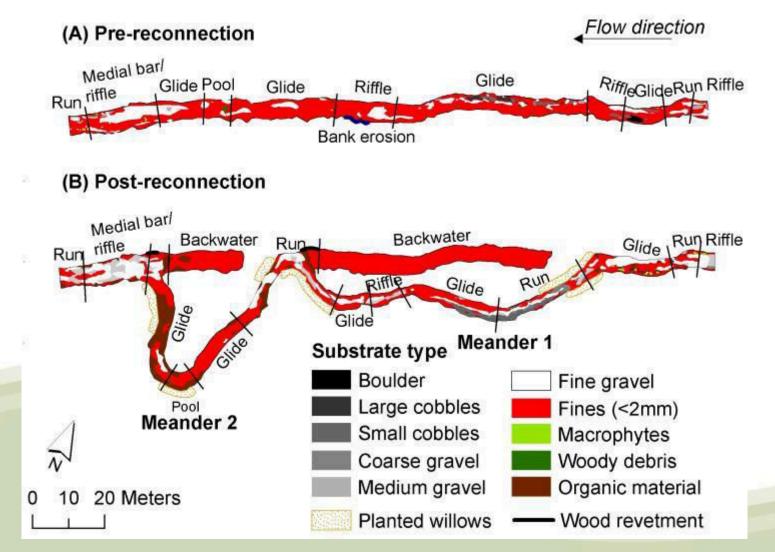






# Logie burn (Dee catchment)

Re-meandering scheme





#### **Case study: The Belford Burn**

Mark Wilkinson, Paul Quinn, Jennine Jonczyk, Alex Nicholson, Gareth Owen and Nicholas Barber – Newcastle University Phil Welton and Peter Kerr – Environment Agency



Civil Engineering and Geosciences



# **Belford case study**

#### The village of Belford, Northumberland, UK Many flood events (6km<sup>2</sup> catchment)

# When sandbags and sympathy are not enough...Belford 'bereft' after floods

#### Belford finds itself under water not for the first time either ..! an

# **Belford – Background**

- Environment Agency looked at the feasibility of a traditional flood defence scheme for Belford
- High costs meant economics did not stack up
- Alternative approach of **managing runoff** in the catchment put forward
- The scheme was funded by the Environment Agency's North East Local Levy, raised by the Northumbria Regional Flood Defence Committee though Local Authorities

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	► WATCH LIVE BBC News 24				
News Front Page	Last Updated: Monday, 13 August 2007, 15:43 GMT 16:43 UK				
World	E-mail this to a friend Printable version				
UK	Flood plan for town is approved				
England	Flood prevention works costing £600,000 have been announced for the Belford area of Northumberland.				
Northern Ireland					
Scotland Wales					
Business	The Environment Agency says the works will include ways of				
Politics	preventing blockages in the stream which runs through				
Health	Belford.				
Education					
Science/Nature	Staff will also work with local farmers so fields upstream of Belford can act as wet areas to allow surface water to drain				
Technology					
Entertainment	away.				
Also in the news	Work is expected to begin on initial phases of the project later				
Video and Audio	this year.				
	/				
Have Your Say	An Environment Agency spokesman said: "Our climate is				
Magazine	changing, which means that extreme weather will become				
In Pictures	more frequent in the future.				
Country Profiles					
Special Reports	"We need to find new ways of dealing with our streams and				
RELATED BBC SITES	rivers rather than only trying to wall up the water with flood defences.				
SPORT					
WEATHER	"The innovative improvements will help to strengthen flood				
CBBC NEWSROUND	protection in the town. However flooding will become more of an issue in the future and everyone needs to take steps now				
ON THIS DAY					
EDITORS' BLOG	to protect themselves."				
	E-mail this to a friend				



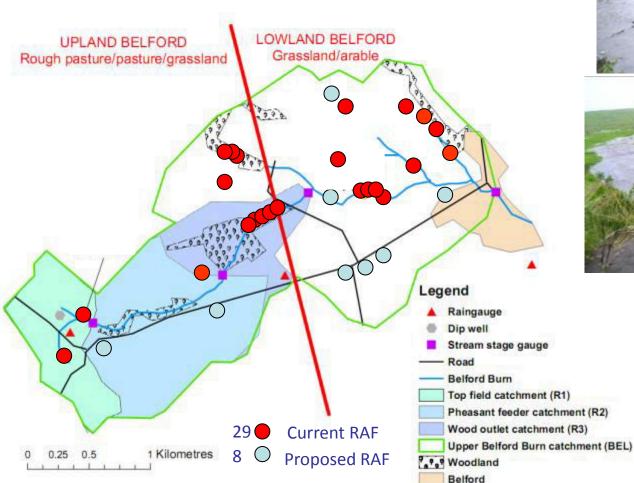
# **Catchment Systems Engineering**

"Catchment Systems Engineering aims to sustainably manage water quantity and water quality at the catchment scale whilst not affecting agricultural productivity using an interventionist approach"



SLOW, STORE, FILTER --- For example, making buffer strips do more

#### Instrumentation and mitigation

























Beford projective flood solutions

### Large Woody debris – a NFM technique

- The creation of large woody debris (LWD) dams can slow and divert flood flow onto the woodland floor and thereby make the flow follow a more tortuous route through the trees.
- Two large sycamore tree trunks laid in across formation across the channel to rest safely on both banks, wedged in position
- Timber pinned to the woodland floor or under-storey vegetation will increase roughness and aid attenuation

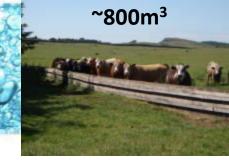


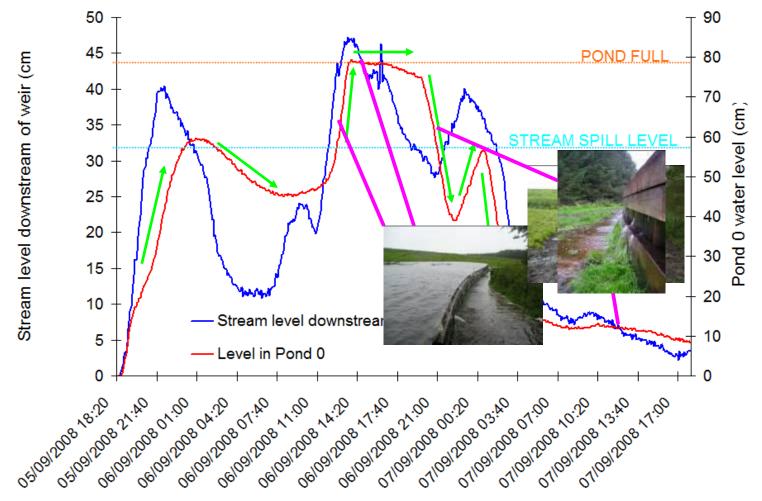
#### **Storm information**

RANK	Name	Dates	Storm Duration	Rainfall (mm)	% of yearly average rainfall	BELFORD
		29-30 Mar				
1st	Mar-10	2010	30	62.4	9	1.54
2nd	Jul-09	17th July 2009	43	102.6	15	1.431
		5-7th Sept				
3rd	Sep-08	2008	45	99.6	14	1.375
4th	Jan-10	16th Jan 2010	8	12.4	2	1.32
5th	Nov-09	1st Nov 2009	9.5	32	5	1.075
		2nd-4th Sept				
6th	Sep-09	2009	40	65	9	0.865
7th	Feb-09	3rd Feb 2009	17	29.8	4	0.869

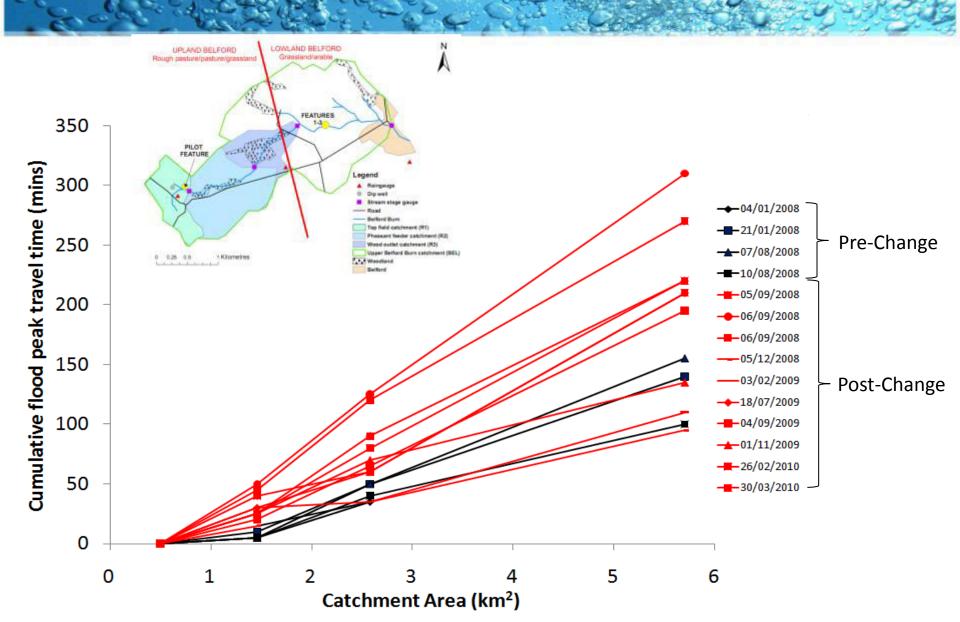
We now find the use of return intervals inappropriate for this catchment

#### Pilot pond – Sept 2008 flood

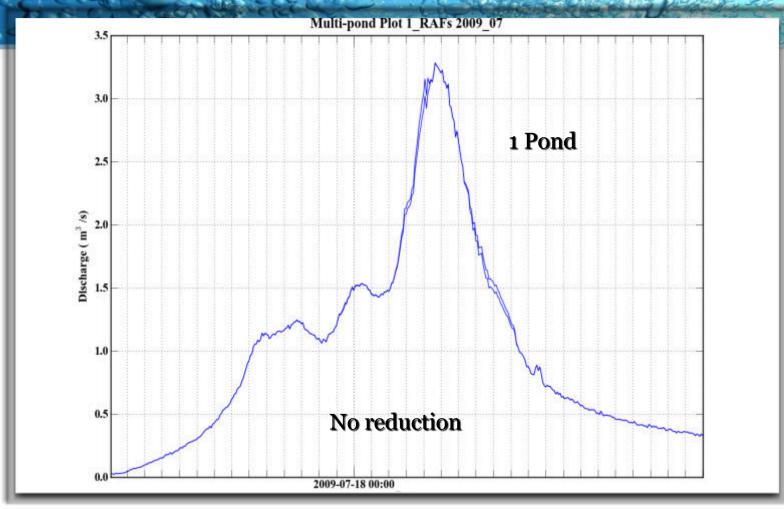




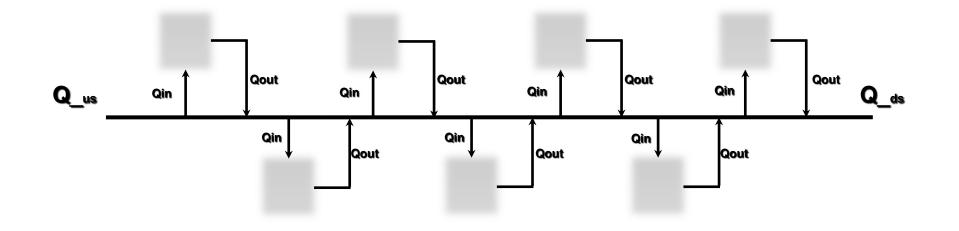
#### Travel time of peak

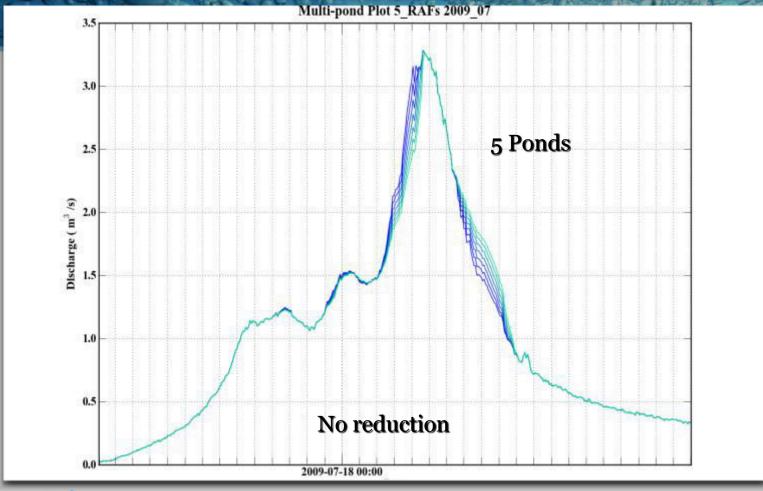


## Impact of a Pond?



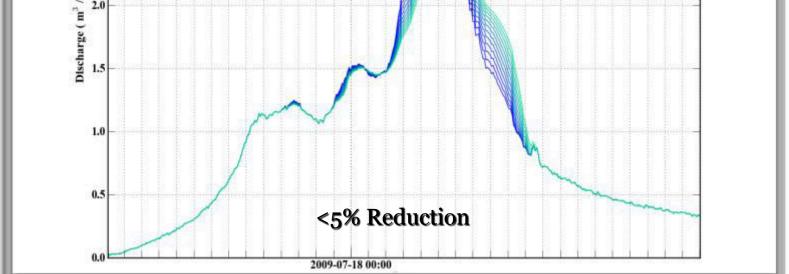
- Post change:
- Volume capacity = 560m
- Inlet height 0 55m





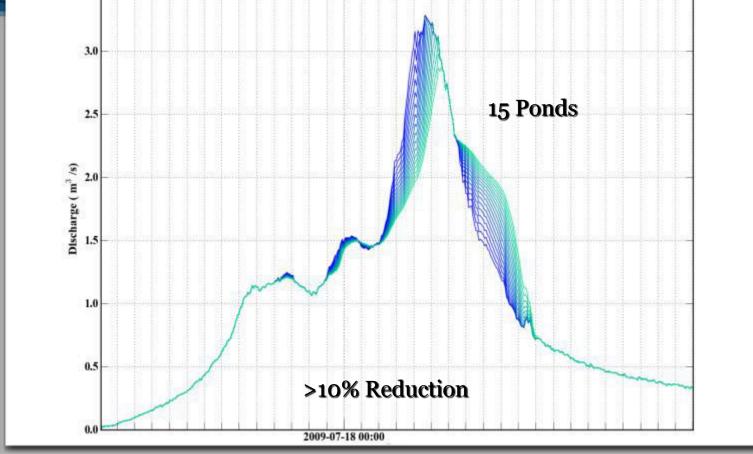
Post change:

#### **Pond Network Model:** Multi-pond Plot 10 RAFs 2009 07 3.5 3.0 **10 Ponds** 2.5 Olscharge (m<sup>3</sup> /s) 2.0 1.5



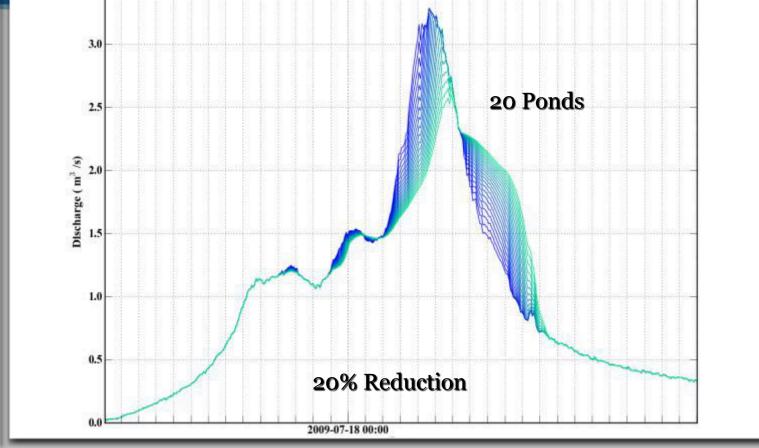
Post change:

## Pond Network Model: Multi-pond Plot 15\_RAFs 2009\_07

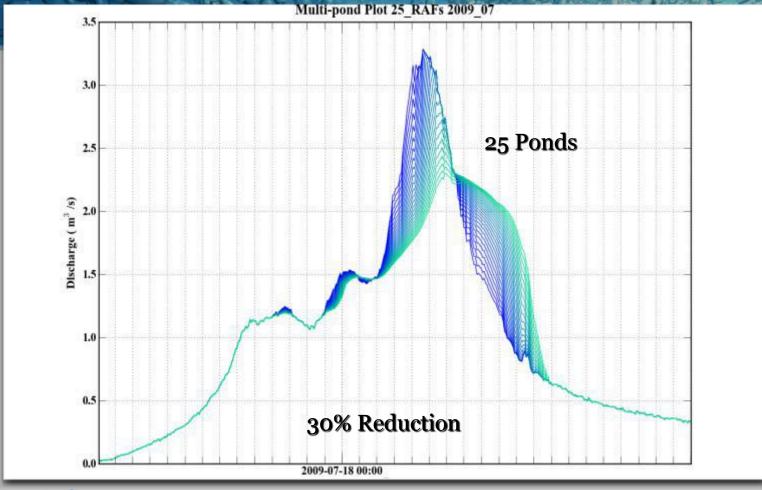


Post change:

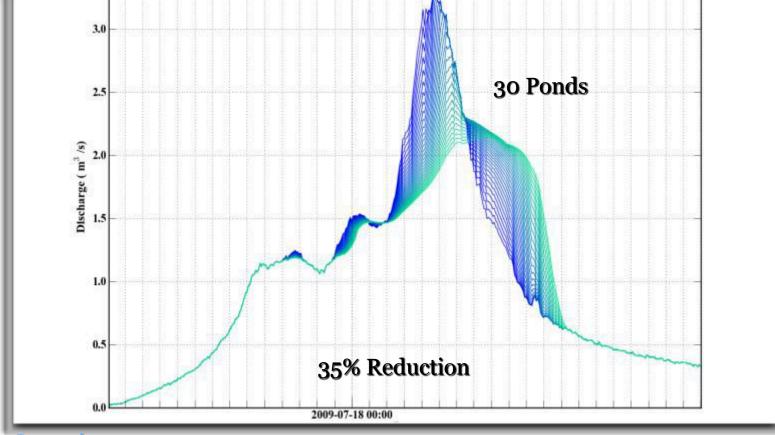
## Pond Network Model: Multi-pond Plot 20\_RAFs 2009\_07



Post change:



Post change:



Post change:

#### **Optimisation of RAFs for WQ**





SLOW, STORE AND FILTER ---- An example of an in-stream intervention

#### Summary

- Hands on, multi-objective work is a cost effective way to catchment management
- Different Runoff Attenuation Features (controlling fast runoff pathways, while tackling water quality and other issues) have been implemented in the catchment in partnership with farmers and local landowners
- Visual observations and preliminary data show the effectiveness of the features locally
- However, more data, data analysis and modelling are required to quantitatively assess the impacts of the features at the catchment scale

#### Research.ncl.ac.uk/proactive



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